#### **Dermaplaning** (Stand-Alone Treatment)

Includes cleansing, dermaplaning treatment, moisturizer/sunscreen. 30 min \$85

## UPGRADES

#### Ultimate Exfoliation

Additional Yon-Ka Gommage Sucre (sugar scrub) and hot towels for the ultimate exfoliation treatment. Choose either a treatment on the back, or arms and legs. **30 min \$50** 

# NAIL CARE

Express Manicure\$20	Express Pedicure\$40		
Classic Manicure\$30	Classic Pedicure\$50		
*Spa Manicure\$35	*Spa Pedicure\$55		
*Deluxe Manicure\$45	*Deluxe Pedicure\$65		
Gel Manicure\$40	Gel Pedicure\$60		
Gel Removal\$10	Gentleman's Manicure\$25		
*Hot Stone Pedicure\$65	Gentleman's Pedicure\$50		
Nail Art (one nail)\$5	Waterless Pedicure\$50		
Nail Art (full set)\$40	Nail Repair\$5		
Add French\$15			
Finger Nail Polish Change	\$15		
Toe Nail Polish Change\$20			
Gel Finger Nail Polish Change	\$25		
Gel Toe Nail Polish Change\$35			
Powder Dip Manicure\$55			
Powder Dip French Manicure\$65			



\* **Deluxe** - Spa plus callus treatment.



Brow Shaping\$25	<i>Lip</i> \$17
<i>Chin</i> \$18	Nose\$18
<i>Full Face</i> \$50	<i>Half Arms</i> \$35
<i>Full Arms</i> \$60	Underarms\$25
<i>Half Legs</i> \$55	<i>Full Legs</i> \$70
Back\$65	<i>Bikini</i> \$45+
	Brazilian\$95+

# TINTING

Brow Tint\$	20 Lash 1	Fint	\$30
Brow and Lash Tint Combi	nation	\$45	
Brow Shaping and Tint Co	mbination	\$40	

# SPECIALS

Series - Purchase 6 of any service for the price of 5.

#### SPA ETIQUETTE

Please arrive 20 minutes prior to your scheduled appointment to allow time for changing and paperwork. A cozy robe and slippers will be provided, and a locker for personal belongings.

Must be at least 18 years or older, 15 or older to receive Nail Care.

As a courtesy to our other members, please notify us 24 hours prior (or 72 hours for group reservations) to your scheduled treatment time if you must reschedule or cancel your appointment. Guests who cancel with less than the requested notice or fail to show for an appointment will be charged full treatment price.

For your convenience, a 20% gratuity is added to all spa services.





# MASSAGE THERAPY

#### Healing Swedish Massage

A wonderful, relaxing light to medium pressure massage. Great for easing both physical and mental stress. 60 min \$85 / 90 min \$115

#### Deep Tissue Massage

This therapeutic deep pressure massage incorporates special techniques that release trigger points and relieve deep muscle tension and stress. 60 min \$95 / 90 min \$125

#### Focus Massage

Focus on neck & shoulders, legs & feet, or upper back. Add a foot scrub for \$10 with this treatment. 30 min \$40

#### Hot Stone Massage

Melt away muscle tensions and stress. Your massage therapist will use hot stones and deep massage combined with essential oils. 90 min \$125

## Reflexology

Reflexology works directly with calming the nervous system to create a sense of peace and relaxation throughout the entire body. This treatment focuses on the hands and feet. 30 min \$55 / 60 min \$99

#### Massage and Reflexology Combination

Relax and renew with Swedish massage including a 30-minute reflexology treatment which focuses on the hands and feet. **90 min \$125** 

#### Sports Massage

For sport-related aches and pains, choose between upper or lower body. Specifically designed for those who are active in golf, fitness, and tennis. **45 min \$65** 

## WELLNESS ESCAPES / GETAWAYS

Aromatic cultural journeys through 4 iconic regions of France. Each Getaway consists of one pre-selected scrub, massage and scent blend. (Your massage therapist will help you choose which journey would work the best for you). 60 min \$125 / 90 min \$150

#### Getaway to Provence (Detoxifying, Rebalancing, Calming)

Consists of Provence/Detox (Lavender, Everlasting), Gommage Doux (Gentle Bamboo & Apricot), Aroma-Luxe Manual Technique.

## A Walk in the Forest (Slimming, Oxygenating, Revitalizing)

Consists of Forest/Slimming (Cedar, Cypress), Gommage Sel (Maximum Intensity), Aroma-Sculpant (featuring Bamboo on legs).

## Corsican Delight (Energizing, Rebalancing, Revitalizing)

Consists of Corsica/Vitality (Mandarin, Sweet Orange), Gommage Sucre (Medium Intensity), Aroma-Energy (featuring acupressure to feet/hands).

#### Polynesian Journey (Relaxing, Rebalancing, Exotic)

Consists of Polynesia/Relax (Jasmine, Tiara Flower), Gommage Sucre (Medium Intensity), Aroma-Relax (featuring hot stones to the back).

# TARGETED TREATMENTS

#### Aroma-Silhouette

Aromatic slimming and dimpling massage. **30 min \$80** 

#### Beautiful Legs

Anti-fatigue draining leg treatment with a refreshing wrap. **45 min \$70** 

# UPGRADES

## Ultimate Body Scrub

This luxurious treatment includes additional exfoliation for the arms, legs or back area, using Yon-Ka Gommage Sucre (sugar scrub), hot towels, and a hydrating moisturizer. This treatment can be added to any massage, or as a "stand alone" treatment. **30 min \$75** 

# ESSENTIAL FACIALS

# \* All Facials include relaxing techniques of gentle face, hand, arm, and shoulder massage.

Experience the blend of science and nature with Yon-Ka's choreographed skin care treatments. This botanical based, paraben-free skin care line is contoured for all skin types, conditions, and concerns.

#### Hydralessence (Deep Hydration)

Return the radiant glow to your skin with a high-performance hydrating facial that smoothes and softens the skin. 60 min \$130

#### Le Grande Classique (Acne/Deep Pore Cleansing)

A great introduction to Yon-Ka. Enjoy a unique 5-phase deep cleanse including extractions. Beneficial for blemishes and scarring. Perfect for all skin types. 60 min \$120

## Alpha-Vital / Vital Defense (Oxygenating)

Luxurious customized facial designed to prevent the appearance of aging. Antioxidants refine skin's texture and diminish fine lines and wrinkles, brightening and softening the skin. 60 min \$130

### **Optimizer / Time Resist** (Anti-Aging)

Rejuvenating and customized to meet the needs of each individual skin type. This smoothing, restructuring facial uses Yon-Ka's exclusive professional formula of essential oils. You may choose between a focus on anti-wrinkle techniques or lifting and firming. 60 min \$150

## Excellence Code (Mature Skin / Anti-Aging)

Fighting the hands of time, skin looks visibly younger, firmer, plumper, leaving skin brighter and healthier. Features unique anti-aging massage. 60 min \$195

#### Essential White (Brightening)

Intensive facial with specific and highly effective techniques and products to brighten and unify complexion and control dark spots. Proven results after one-month regimen. 30 min \$75 / 60 min \$130

#### Sensitive Facial

A calming, soothing treatment for sensitized, rosacea, or ruddy complexions. **60 min \$130** 

#### Men's Intensive Facial

An energizing, purifying facial for treating anti-aging. 60 min \$130

#### Men's Express Facial

A shorter version of the Men's Intensive Facial. 30 min \$70

#### Le Grand Classique (Back Facial)

A customized facial for the often neglected back area, featuring the Yon-Ka deep cleansing care system in 5 phases. 60 min \$150

#### Hydralessence (Back Treatment)

Energizing deep hydration treatment for the back area. Includes warmed Gommage Sucre (scrub), massage, warmed mask and hot towels. 60 min \$140

#### **Dermaplaning Facial**

Includes a mini facial and dermaplaning treatment. 60 min \$140

## LITTLE BARN APOTHECARY TREATMENTS

Little Barn Apothecary is a collection of apothecary essentials handcrafted using only high performance, vegan-based botanical ingredients. These simple & modern apothecary goods are created from wildharvested, certified organic ingredients & each product is filled with the power & healing of all natural botanicals. LBA believes in the luxury of simplicity & our effortless, never complicated approach to self care is defined by a collection that is always:

Vegan / Natural / Organic / Non-Toxic Cruelty Free (Leaping Bunny & PETA certified) Responsibly Made

#### Mani-Pedi Ritual

Aromatic organic botanicals nourish & detoxify while guiding you on a sensorial journey for the hands + feet. Mani: \$35 / Pedi: \$55

#### **Grand Luxe Pedicure**

Take your pedicure a step further with LBA's Seaweed + Mud Earthing Mask. This mask, made up of natural earth clay, grapeseed oil, organic aloe, kelp + spirulina from the sea, is applied to your feet & lower legs to promote a sense of grounding while simultaneously nourishing & enriching the skin.

\$65

#### **Grand Hydration Facial Ritual**

Restore deep hydration levels with this intensive treatment to renew skin, spirit & vitality. 60 min \$95

#### Radiating Rosemary Facial Ritual

Antioxidant rich blend. This facial revives the skin, revealing a softer youthful glow while relaxing the senses. 60 min \$95